



Educational Coaching: Coaching Tools

Dr Alan B Jones

member



Institute of
Leadership &
Management

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SMARTER TARGETS

- **S**IMPLE
- **M**EASUREABLE
- **A**CHIEVABLE
- **R**EWARDING
- **T**IMEBOUND
- **E**FFECT
- **R**EVIEW

- WHAT do you want?
- HOW will you know when you've got it?
- WHERE are you now?
- WHAT will achieving it mean for you?
- WHEN will you do it – steps towards it?
- WHEN you have it what will change?
- WHEN will you review your target?

SWOT ANALYSIS

- **S**TRENGTHS

- **W**EAKNESSES

- **O**PPORTUNITIES

- **T**HREATS

- What can you do?
- What can't you do yet?
- Who or What can help you?
- What will get in your way?

FINDING OUT : KNOWWW

- **K**now
- **N**eed
- **O**btain
- **W**ho
- **W**hat

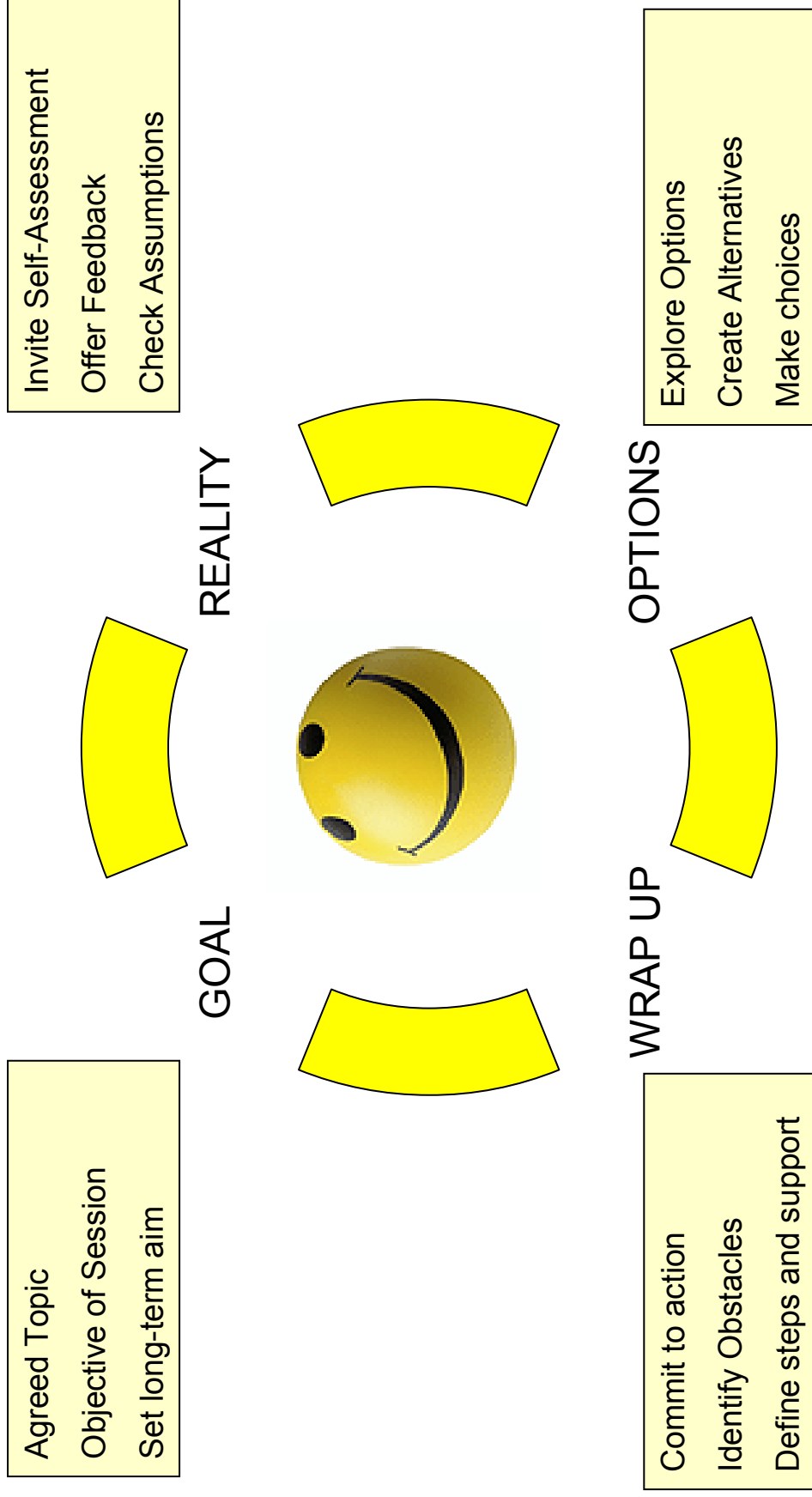
- What I **KNOW** about...
- What I **NEED** to **KNOW** about
- Where can I **OBTAIN** the information
- **WHO** can help/advise
- **WHAT** tools/techniques can I use

EVALUATING IDEAS (PMI)

- **P** LUS
 - **M** INUS
 - **I** NTERESTING
- Positives, Advantages
 - Negatives, Risks
 - Other opportunities

P.M.I. is one of Edward de Bono's CoRT 1 Thinking Tools

The GROW Model



Alan Jones

CONTACT POINTS

EMAIL alan@aljones.net

FACEBOOK [alanjonesUK](https://www.facebook.com/alanjonesUK)

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